

AWESOME THINGS TO SEE AND DO IN SRI LANKA

DOC TOURS
MEDICAL VOLUNTEERS



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- 1. Stroll through the Dutch Fort in Galle:** a charming historical and archaeological site. The Portuguese constructed the Fort in the late 16th Century, it was expanded by the Dutch and now boasts a stunning blend of history and architecture in a tropical environment. The fort is packed full of old Dutch style shops, cafes and restaurants. There is also the National Maritime Museum and the Dutch Reformed Church.
- 2. Cycle through the Quaint Village of Galle:** Explore the mangroves, paddy fields and local villages.
- 3. Visit the Turtles:** Watch the cute little turtles hatching and making their way into the sea. Afterwards take a walk through the spice herbal garden and learn about the local plantations.
- 4. Embark on a Boat Safari:** Take a safari on the Madu River and admire the birdlife from the water.
- 5. Beach Life:** Check out the beautiful beaches in Bentota, Unawatuna or Mirissa. It is also possible to go mountain bike riding and see Sri Lankan villages, peacocks, chameleons, buffalo, mangroves, coconut farms and tropical forests and even whale watching at Mirissa Beach.
- 6. View the Stilt Fishing:** A traditional fishing method where the fishermen skilfully perch on poles as they fish at dawn, noon and dusk. Most commonly seen along the southern coastal towns where the views are breathtaking.
- 7. Call on Kandy:** Stroll around Sri Dalada Maligawa or the Temple of the Sacred Tooth Relic. An amazing Buddhist temple, this cave monastery is the largest, best-preserved cave-temple complex in Sri Lanka. Learn about the legend of the Buddha's tooth that was presented to Sri Lankan monarchy. The shrine still retains its opulent style of gold and moonstone, surrounded by Buddhist carvings and offerings.
- 8. Sip Ceylonese Tea:** Relax in the lush high lands of the interior, sipping one of the many varieties of local tea or a cool beer overlooking the sprawling tea plantations.
- 9. Explore Colombo:** Stroll through the Fort area, packed with history and beautiful colonial buildings dating back to the Dutch and British era of Sri Lanka. Visit the magnificent National Museum, Lighthouse, Clock Tower, Stupa, Temples and Mosques. Afterwards, watch the sunset at Galle Face Green and enjoy delicious a Sri Lankan curry. Visit the Gangarama Temple (Vihara): this is a bustling complex with a library, museum, stone carvings, and other Buddhist art.
- 10. Safari in the Yala National Park.** A huge area of forest, grassland and lagoons and home to awesome wildlife including leopards, elephants and crocodiles. Nearby, caves contain centuries-old rock paintings.
- 11. Visit the Pinnawala Elephant Orphanage:** An orphanage, nursery and captive breeding ground for wild Asian elephants located at Pinnawala village, it has the largest herd of elephants in the world.

 enquiries@doctours.com.au

