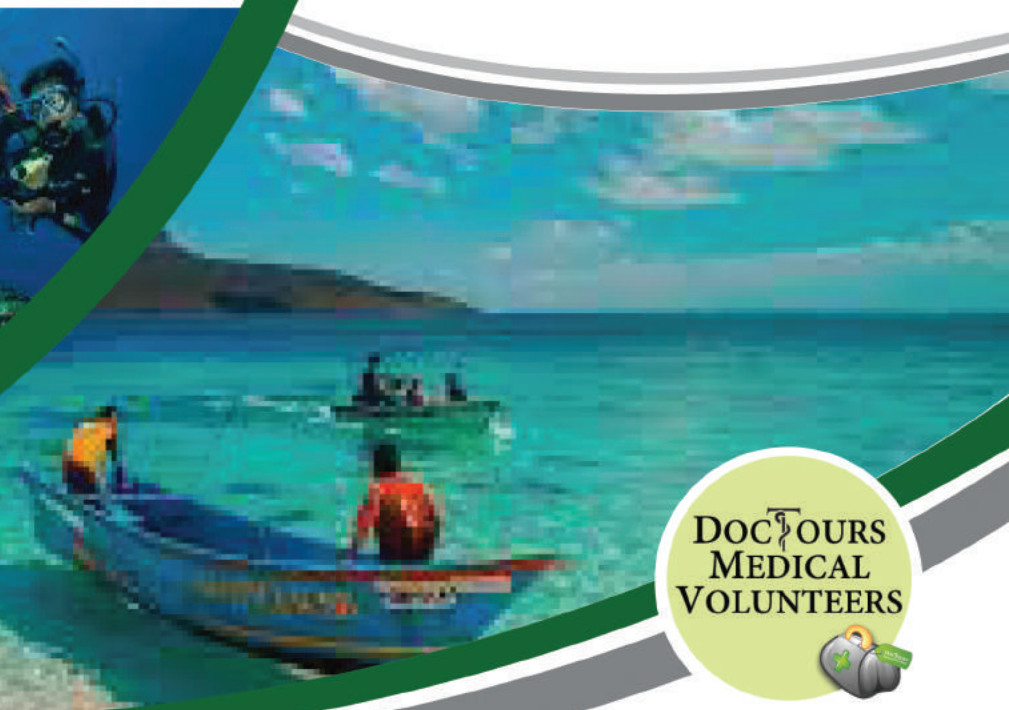
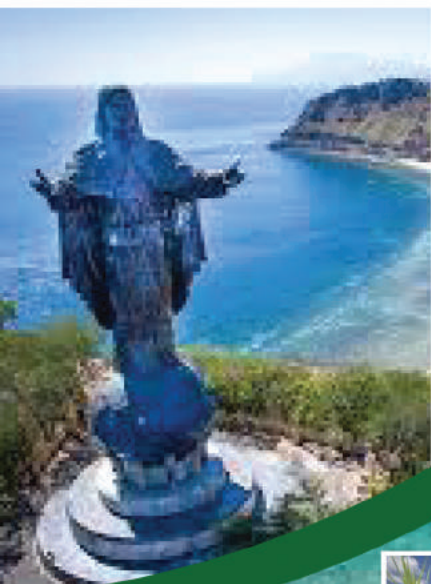


AWESOME THINGS TO SEE AND DO IN TIMOR LESTE

DOC TOURS
MEDICAL VOLUNTEERS



DOC TOURS
MEDICAL
VOLUNTEERS



1. Dili is an ideal place for a short break or as a base for adventures further afield in Timor-Leste. Most of the city was destroyed during the militia attacks of 1999, however much has been rebuilt. At the heart of the city's waterfront is the imposing Government House (Palacio do Governo) building, with the country's parliament at the rear.
2. Sample wonderful seafood: check out any of the beachside restaurants for the catch of the day, simply grilled on the barbecue or served as you prefer.
3. Dili boasts a number of beautiful beaches, the most popular is Areia Branca (White Sands). Timor-Leste is home to more than 3,000 species of fish, nearly 500 reef-building corals and perfect nesting grounds for sea turtles. The clean, warm waters provide ideal conditions for a healthy coral reef ecosystem and some of the world's best diving and snorkelling.
4. Visit Atauro Island, a short boat ride from Dili. Atauro has spectacular coral walls thus popular for snorkelling or diving and it's likely that you will see huge schools of dolphins (year-round) or migrating whales (late Sept-Dec) during the journey.
5. Dili still sports a few Portuguese accents and the waterfront Motael church. The Church de São António de Motael is the oldest Roman Catholic church in East Timor. It was rebuilt in 1955 in the old Portuguese style.
6. Climb Mount Ramelau, which at 2,963 metres, is the highest peak in the country. It's not as tough as you think. a three-hour trek from the base... watch the sun rise over the clouds.
7. Try Timor-Leste's famous organic Coffee and visit coffee plantations in the mountains.
8. Visit the Museum of the Resistance. This is a treasure trove of information and important artefacts from the East Timor genocide and the peoples' resistance on the road to independence in 2002.
9. Chega! Exhibition at the Balide Prison. This highlights human rights violations during the 1975-1999 Indonesian occupation in East Timor. Chega! means "stop" in Portuguese.
10. Shop in the markets: Basar Ai-Fuan Fruit Market for the most attractively arranged colourful fruit and very Insta-worthy. At the Tais Market, buy traditional handicrafts: especially the beautiful hand-woven textiles called "tais" and unique souvenirs. Every region has its own style of Tais, and so ask the friendly sellers if you have a specific design or area in mind.
11. Visit Balibó, best known as the town where five Australia-based journalists were killed by Indonesian soldiers in October 1975. The Australian flag the journalists painted for protection is still visible (just) on Balibó Flag House, which now houses a memorial, cafe and community facilities. Here, you can watch Greg Shackleton's final, chilling broadcast. The Australian film Balibo (2009) was based on these tragic, and still unresolved, murders. A restored 18th-century Portuguese fort stands on the hill opposite, housing a small gallery and the excellent Balibó Fort Hotel, which opened in 2015.
12. Kristu Rei: climb the steps through the stations of the cross to the statue of Jesus Christ that is Dili's most prominent landmark, and enjoy the view of the city of Dili across the harbour.
13. Dili Cathedral. The second largest cathedral in Asia, after Manila's. Indonesian President Suharto built the Cathedral to win the hearts of the East Timorese during the Indonesian occupation. You can find Pope John Paul II's signature at the main entrance.
14. Pope John Paul II sites: Pope John Paul II visited Dili in 1989. The East Timorese were so honored by this rare event that they built several sites to host his holy visitant a6-meter statue of Pope John Paul II adorns the hill.

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